

HIGHWAY WORKER SAFETY

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Division of Design – Landscape Architecture Program



Basic Planning Academy – May 2017



OBJECTIVES

- Understand worker injury and fatality statistics and risk to highway workers.
- Identify planning and design decisions that can improve worker safety.
- Learn policies and procedures associated with worker safety.
- How you can effect change for worker safety.



HIGHWAY WORKER SAFETY

- ✓ **Understanding the Issue**
- ❑ **Goals, Policy and Funding**
- ❑ **SAFER Solutions**
- ❑ **Tools to Use**



INJURY AND FATALITY STATISTICS

Employee Fatalities since 1974:

77% Maintenance Employees

64% Workers on Foot

Fatalities by Division:

77% Maintenance

15% Construction

4% Surveys

2% Administration

1% Traffic Engineering

1% Structures



FATALITY COMMON DENOMINATORS

- Urban location
- High ADT
- Roadside work near shoulder
- Vehicle parked on shoulder
- Worker on foot



WORKER ON FOOT

Roadside Tasks Resources - Statewide

<u>Work Task</u>	<u>PYs</u>
Vegetation control	315
Remove debris and litter	226
Repair pull boxes	70
Clean/repair drain inlets	65
Irrigation repairs	57
Repair sign posts	42
Guardrail/barrier	41
Remove graffiti	28
TOTAL	<hr/> 844



DURATION + LOCATION + TASK = RISK

The risk of injury or fatality increases with the length of time and the location that workers are exposed to traffic without protection.



HIGHWAY WORKER SAFETY

- ❑ Understanding the Issue
- ✓ Goals, Policy and Funding
- ❑ SAFER Solutions
- ❑ Tools to Use



MISSION, VISION, GOALS, VALUES

Caltrans First Goal - Safety and Health

Provide a safe transportation system for workers and users, and promote health through active transportation and reduce pollution in communities.



DESIGN FOR ROADSIDE SAFETY

California Strategic Highway Safety Plan 2015 - 2019

The Strategic Highway Safety Plan (SHSP) is a statewide, coordinated safety plan that provides a comprehensive framework for reducing highway fatalities and severe injuries on all public roads.

- Reduce fatality rate
- Reduce injuries
- Toward Zero Fatalities



WORKER SAFETY IMPROVEMENTS

- **ALL PROJECTS MUST ADDRESS WORKER SAFETY**
- **HOW DO WE REDUCE THE FREQUENCY AND DURATION OF WORKER EXPOSURE?**
- **SHOPP ROADSIDE SAFETY IMPROVEMENT FUNDING**

Safety Reviews

“Safety concepts that are identified during these safety reviews which directly limit the exposure of employees ... shall be incorporated ...unless approved by the District Director.”

HIGHWAY WORKER SAFETY

PROJECTS MUST ADDRESS WORKER SAFETY

Project Development Team

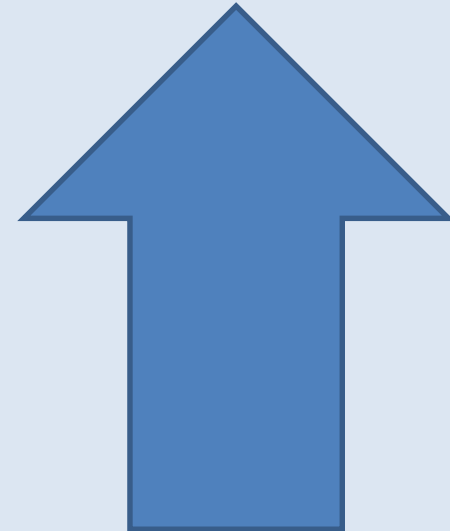
A Maintenance representative must be assigned to all Project Development Teams.



SHOPP 235

Fiscal Year	Roadside Safety Improvements
08-09	\$2.00
09-10	\$1.94
10-11	\$3.56
11-12	\$2.40
12-13	\$11.33
13-14	\$12.85
14-15	\$31.04
15-16	\$36.60
Annual Average	\$11.3M

FUNDING



HIGHWAY WORKER SAFETY

- ❑ Understanding the Issue
- ❑ Goals and Funding
- ✓ SAFER Solutions
- ❑ Tools to Use



SAFER

- ❑ SITE
- ❑ ACCESSIBLE
- ❑ FACILITATE
- ❑ ELIMINATE
- ❑ RELOCATE



DESIGN & PLANNING DECISIONS AFFECT MAINTENANCE



SITE



Locate features/facilities in safe locations

HIGHWAY WORKER SAFETY



HIGHWAY WORKER SAFETY



SITE



Locate features/facilities in safe locations

ACCESSIBLE



Provide safe access to roadside and highway features

ACCESSIBLE



Provide safe access to roadside and highway features

ACCESSIBLE



Provide safe access to roadside and highway features

ACCESSIBLE



Provide safe access to roadside and highway features

FACILITATE



FACILITATE

Facilitate Mechanical Activity / Understand Equipment



FACILITATE

Facilitate Mechanical Activity / Understand Equipment



FACILITATE

Facilitate Mechanical Activity / Understand Equipment



ELIMINATE

Design to eliminate the maintenance activity



ELIMINATE

Design to eliminate the maintenance activity



ELIMINATE

Design to eliminate the maintenance activity



ELIMINATE

Design to eliminate the maintenance activity



ELIMINATE

Design to eliminate the maintenance activity



ELIMINATE

Design to eliminate the maintenance activity



RELOCATE



RELOCATE

Move facilities out of gore area and clear recovery zone



HIGHWAY WORKER SAFETY

- ❑ Understanding the Issue
- ❑ Goals, Policy and Funding
- ❑ SAFER Solutions
- ✓ Tools to Use

TOOLS YOU CAN USE

- **Deputy Directive 103**
- **Policy (Caltrans Manuals)**
- **Memos and Tools**
- **SHOPP Asset Management**

HIGHWAY DESIGN MANUAL

110.8 Safety Reviews

District Safety Review Committee

- Planning
- Design

*“Safety concepts that are identified during these safety reviews which directly limit the exposure of employees ... **shall be incorporated** ...unless deletion is approved by the District Director.”*

PROJECT DEVELOPMENT PROCEDURES MANUAL

Chapter 3, Section 11 Maintenance Project Development Team Member

“A maintenance representative must be assigned to all project development teams to ensure that maintenance issues and safety design are considered. Preferably, the representative should be the field person most familiar with the project site.”



TOOLS AND EXAMPLES

- Plans, Specifications & Estimates
- HQ Memos
- Central Region Memo

State of California
DEPARTMENT OF TRANSPORTATION

Business, Transportation and Housing Agency

Memorandum

*Flex your power!
Be energy efficient!*

To: KIM ANDERSON
Central Region Chief
Project Development Division

Date: March 19, 2009

From: STEVE PRICE
Deputy District Director
Maintenance and Operations

Subject: Design Guidance for District 5 Roadside Maintenance

This memorandum is to convey the preferred roadside design details for projects located in District 5. Caltrans' goal is to provide a roadside that is safe for maintenance workers and the public, requires minimal maintenance effort, and mitigates the use of pesticides. To accomplish this goal, it is appropriate for designers to exceed the minimum standards of the Highway Design Manual (HDM) and the Traffic Manual. The intent of this memorandum is to ensure continued Project Initiation Document (PID) phase program funding through transportation facility designer consistency.

Median Barrier Type Selection
Concrete is the preferred median barrier material in District 5. The guidance of the Chapter 7-04.4 Traffic Manual shall apply where median widths vary from >36 to <46 feet or are greater than 46 feet. The designer shall request approval from the HQ Traffic Liaison to install a concrete barrier with an offset alignment. The project development team should continue to evaluate conditions where concrete should not be installed, such as within a 100 year flood plain.

Mower Apron
A one foot wide mower apron should be installed to facilitate vegetation mowing in areas adjacent to a concrete barrier or wall. It is not necessary to install a mower apron where the cross slope of the unpaved area is steeper than 1:3 (V:H) or where the area is not mowable due to rocks, natural vegetation, or other obstructions. The apron material can be minor concrete or simply an extension of the roadway paving under the barrier.

"Caltrans improves mobility across California"



PLANNING GUIDANCE

STATE OF CALIFORNIA - DEPARTMENT OF TRANSPORTATION				DATE _____	
PROJECT INITIATION FORM					
DIVISION OF TRANSPORTATION PLANNING					
SECTION 1: PROJECT INFORMATION					
DISTRICT	SHOPPING	PARKING	PRIORITY		
Suburb	County	ROUTE	PM BACK	PM FORWARD	
PROJECT NAME					
LOCAL LOCATION DESCRIPTION					
TYPE OF WORK					
SECTION 2: PROJECT INFORMATION (PID)					
<input type="checkbox"/> STR	<input type="checkbox"/> Local	<input type="checkbox"/> HIGHWAY	<input type="checkbox"/> Other		
RIDE P	PID CYCLE	SHOP PROPOSED CYCLE			
PID TYPE	10 YEAR SHOP PLAN				
<input type="checkbox"/> Long Lead	<input type="checkbox"/> SBI	CONSTRUCTION: Urban Rural			
SHOPP Objectives					
AVAILABILITY		<input type="checkbox"/> Stand Alone <input type="checkbox"/> Multi-Objective Project			
PECT 40.50.201:					
FEE WEAS	UNIT	COST \$0	COST PER		
SATellite Needs					
PECT 40.50	PERF. WEAS.	UNIT	COST (\$1000)	COST PER	
<input type="checkbox"/> Shop First Considered CONSIDERATION # _____					
TYPE OF WORK ON SHOP WORK					
SECTION 3: PRELIMINARY PROJECT SCHEDULE K-PHASE					
WORK IN NEED	PHASE 1 & 2	PHASE 3 & 4	PHASE 5 & 6	OTHER ACTIVITIES	
O, I & J PHASES					
MORE TO BE DONE	MORE TO DO	MORE TO DO	MORE TO DO	MORE TO DO	
Anticipated Environmental Determination Document					
CEQA	NRE				
Right of Way					
<input type="checkbox"/> RAREFAID	<input type="checkbox"/> EIR	<input type="checkbox"/> ALLOCATED			
SECTION 4: PRELIMINARY COST ESTIMATE					
CAPITAL (\$1000)	STAFFING	TRAVEL TIME	TOTAL		
SUPPORT (\$1000)	SAVINGS	SAVINGS	SAVINGS COST		
			\$0		
SECTION 5: RESOURCE ESTIMATE FOR K-PHASE					
Functions	PM's	Hours			
Total District					
Total District M/DPS					
SECTION 6: SIGNATURE BLOCK					
PROJECT NOMINATION COORDINATOR					
PROGRAM ADVISORY AND/OR PROJECT TEAM					
DDO, Planning, Local Assistance & Sustainability					
SECTION 7: ATTACHMENTS					
<input type="checkbox"/> TPI'S	<input type="checkbox"/> LOCATION MAPS				
<input type="checkbox"/> EXEC COOP	Savings				

- Project Initiation Form
- Pre-PID
- Project Nomination

DRAFT



ROADSIDE TOOLBOX

<http://www.dot.ca.gov/design/lap/landscape-design/worker-safety/index.html>



CALL TO ACTION

- Understand
- Communicate
- Act



OBJECTIVES

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QUESTIONS?

